

**HOLY CROSS SCHOOL
2010 – 2011 HEALTH & PHYSICAL EDUCATION COURSE EXPECTATIONS
COACH REBAUDO**

I. Course Outlook and Procedure:

The goal of the Holy Cross Physical Education Department is to provide students an opportunity to participate in assorted physical activities while teaching students to act as Christian Gentlemen with sportsmanship.

Class will predominantly include athletic activities including: Touch Football, Basketball, Softball, Soccer, Volleyball, Golf, Tennis and Weight Lifting.

Sophomores will be required to take Health Class. Instruction on diet, first aid and drug abuse will include the major topics in class. (Additional information will come from an instructor at a later time.)

II. Materials Needed For Every Class:

- A. School issued P.E. Shirt (with student's last name printed neatly on front)
- B. School issued P.E. Shorts (with student's last name printed neatly on front)
- C. White Socks
- D. Athletic Shoes
- E. Towel
- F. A Holy Cross Sweat Suit may be worn, if necessary. (Due to weather.)
- G. A lock to only be used during P.E. class

*****ALL ITEMS SHOULD BE LABELED WITH STUDENT'S NAME*****

III. Evaluation Procedures:

Grading will be based on three criteria: dress code, student's participation and written activity tests.

Failure to have one of the items stated above (in part II) will result in two points deducted from the dress code grade. Failure to have three or more of the above items will result in five points deducted from the dress code grade. A note from a doctor or parent will be the only excuse for not dressing out.

Participation grade will be determined by a student's ability to achieve certain skills in an given activity. He will be evaluated on three physical tests in each related sport. A teacher can take up to five points (a day) away from a student's participation grade if they fail in compliance.

Students will also be required to take written tests/quizzes on rules of the activities in which they are participating.

GRADING SCALE:

- 90-100% A
- 83-89% B
- 76-82% C
- 70-75% D
- 0-69% F

IV. Discipline:

Each student must conduct himself in a gentlemanly, Christian manner . They must treat their teachers, other students, the campus and themselves with respect. The discipline procedure will take place as follows:

- Warning
- Punish Work***
- Detention***

****Parents Will Be Notified*

Student/Parent Agreement to Class Course Expectation for Physical Education

This Course Expectation (syllabus) is intended to present an overview of course goals and expectations, and the methods used for successful completion of them.

In order for the student to reach his potential, it is important that all components in his educational experience work collaboratively together, i.e., the student, teacher, parent, and administrator. To indicate your support of this philosophy, please sign this form and return it to the appropriate teacher.

As is the case in every progressive academic course, and, indeed, in every such school, our curricula and methods of instruction undergo constant scrutiny and evaluation by teachers and administrators. Suggestions and recommendations from parents and students are also welcome as we continue to strive to fulfill the mission of Holy Cross School.

Student Name

Student Signature

Parent Signature

Date