

UNIT FOCUS

LEVEL: 5-12

TEACHER(S): Giambelluca, Hrapmann, Rebaudo, Serio, Simpson, Wilson, Wilson

Semester: 1

Unit Duration: 3 Weeks

UNIT TITLE

VOLLEYBALL

COMMENTS ON UNIT:

OBJECTIVES:
Standards and Benchmarks:
At the end of this unit of study, the student should be able to:

- A. P.E. 0 (Middle School)
 - 1) Rules of the Game:
Object, Scoring,
Dimensions of Court
 - 2) Development of Skills:
Serving
 - 3) Competitions: Volleyball
Tournaments, Serving
Competition
 - 4) Assessment:
Observation, Test on
Rules of the Game

- B. P.E. 1 (Freshmen)
 - 1) Rules of the Game:
Fouls
 - 2) Development of Skills:
Digs, Volleying
 - 3) Competitions: Volleyball
Tournaments
 - 4) Assessment:
Observation, Test on
Rules of the Game

- C. P.E. 2 (Sophomores) or
(Juniors) or (Seniors)
 - 1) Rules of the Game:
Rotation
 - 2) Development of Skills:
Jump Serves, Spiking
 - 3) Competitions: Volleyball
Tournaments
 - 4) Assessment:
Observation, Test on
Rules of the Game