

UNIT FOCUS

LEVEL: 5-12

TEACHER(S): Giambelluca, Hrapmann, Rebaudo, Serio, Simpson, Wilson, Wilson

Semester: 1

Unit Duration: 3 Weeks

UNIT TITLE

Football & Touch Football

COMMENTS ON UNIT:

OBJECTIVES:

Standards and Benchmarks:

At the end of this unit of study, the student should be able to:

- A. P.E. 0 (Middle School)
 - 1) Rules of the Game: Object, Scoring, Dimensions of field
 - 2) Development of Skills: Punt, Pass, Kick
 - 3) Competitions: Touch Football, Punt/Pass/Kick Competition
 - 4) Assessment: Observation, Test on Rules of the Game
- B. P.E. 1 (Freshmen)
 - 1) Rules of the Game: Penalties
 - 2) Development of Skills: Ball Catching, Route Running
 - 3) Competitions: Touch Football, Ball Catching Competition
 - 4) Assessment: Observation, Test on Rules of the Game
- C. P.E. 2 (Sophomores) or (Juniors) or (Seniors)
 - 1) Rules of the Game: Running and Passing Plays
 - 2) Development of Skills: Field Goal Kicking
 - 3) Competitions: Touch Football, Field Goal Competition
 - 4) Assessment: Observation, Test on Rules of the Game