

UNIT FOCUS

LEVEL: 5-12

TEACHER(S): Giambelluca, Hrapmann, Rebaudo, Wilson, Wilson, Simpson, Serio

Semester: 2

Unit Duration: 3 Weeks

UNIT TITLE

Baseball & Softball

COMMENTS ON UNIT:

OBJECTIVES:

Standards and Benchmarks:

At the end of this unit of study, the student should be able to:

- A. P.E. 0 (Middle School)
 - 1) Rules of the Game:
Object, Scoring,
Dimensions of field
 - 2) Development of Skills:
Throwing, Hitting,
Catching
 - 3) Competitions: Softball
Game, Throwing
Competition
 - 4) Assessment:
Observation, Test on
Rules of the Game
- B. P.E. 1 (Freshmen)
 - 1) Rules of the Game:
Forced
 - 2) Development of Skills:
Pitching, Bunting
 - 3) Competitions: Softball
Game, Homerun Derby
 - 4) Assessment:
Observation, Test on
Rules of the Game
- C. P.E. 2 (Sophomores) or (Juniors)
or (Seniors)
 - 1) Rules of the Game:
Forced
 - 2) Development of Skills:
Base Running
 - 3) Competitions: Softball
Game, Homerun Derby
 - 4) Assessment:
Observation, Test on
Rules of the Game