

# TCAC Flag Football

TCAC flag football is a 7 vs. 7 flag football league open to all students in 5<sup>th</sup> and 6<sup>th</sup> grade and any students not participating in tackle football at the 7<sup>th</sup> and 8<sup>th</sup> grade level.

The cost for participating will be \$ 10.00 for the game t-shirt which the players will keep at the end of the season. Checks should be made out to Holy Cross School.

Games will begin after Labor Day. Player evaluations will begin the week of August 22<sup>nd</sup>. Teams will consist of approximately 14 players drafted by selected captains. A player must play either on offense or defense. Parents and families are welcome to observe games. Coaching will be done by the team captains. Fans who do not respect this may be asked to leave.

Roll will be taken at each game. A player may not miss more than three games during the season. Upon missing their fourth game, they will be removed from their team's roster and will not receive a refund of the playing fee.

Games will take place after school at either Pratt Park or the middle school field and will end in time to catch the shuttle bus. Any participant not picked up by 4:30 pm will be checked in to After Care at the parent's expense.

If you are interested in playing TCAC flag football fill out the information below, **place it in an envelope with the \$10.00** and return it to Coach Helm, Coach McKiernan, Coach Serio, or the Middle school office. **Put name and grade on outside of envelope.**

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*Name(Print)* \_\_\_\_\_ *Grade* \_\_\_\_\_

*Homeroom Number* \_\_\_\_\_

*Parent/Guardian Signature* \_\_\_\_\_

*T-Shirt Size(Adult)* \_\_\_\_\_ *(Youth)* \_\_\_\_\_

*Telephone Number* \_\_\_\_\_